

GANTEN MILANO21 HALF MARATHON COMPETTITIVE RACES RULES

(pending Fidal approval)

The 3rd edition of the GANTEN MILANO21 Half Marathon is an international running event organized by Laguna Running SSDrl and MG Sport, including a half marathon (21,097 km) and a 10 km 10 race. It will take place in Milano on Sunday, 24 November 2019, at h 9:30 am.

ENTRY REQUIREMENTS

- Italian and foreign athletes who are Fidal members in the following categories:
 - juniores (18/19 years old), promesse (20/22 years old)
 - senior (23/34 years old)
 - senior master M/F (35/39 years old and over)
 - **'allievi' (16/17 years old) can take part in the 10km only**
- Foreign athletes who are IAAF members and can provide:
 - an authorization by their national athletics federation to compete in races abroad (EU athletes)
 - an authorization by their national athletics federation to take compete in races abroad and a proper visa (non EU athletes)

Please note: Athletes who are IAAF members but do not register to the race through their federation or club must self-certify affiliation to IAAF.

- Runcard members (Italian citizens and residing foreigners) who are 18 years old on race day and own an active Runcard provided by Fidal (www.runcard.com)

Please note: The RUNCARD must be active and not expired on race day.

Runcard members must provide an appropriate medical certificate effective in Italy, that certifies the ability to take part in competitive athletics (Atletica Leggera). **Runcard entrants will be included in the race results, but will not be granted reimbursements, prize money or other merchandise awards.**

The medical certificate can be issued by a doctor in the country of origin, as long as it provides the diagnostic tests foreseen by the Italian legislation on health protection in competitive sports, and must include:

- General examination
- Urine test
- Electrocardiogram at rest and under stress
- Spirometry

The medical certificate and reports must be provided in original copy.
All athletes can be subject to anti-doping testing.

All entrants taking part in the GANTEN MILANO21 Half Marathon must accept and sign the following Waiver of Responsibility:

RELEASE, WAIVER OF LIABILITY AND AUTHORIZATION: "I declare under penalty of perjury (art. 26 l. 15/68 and art. 489 c.p.) that: I have read and understood the 'GANTEN MILANO21 Half Marathon' race rules; I recognize that participation in the event is a potentially hazardous activity and I willingly assume all risks associated with such participation; I am aware that in registering to the event I must provide an active medical certificate for competitive athletics and be 18 years old on race day (16 for the 10 km); I am voluntarily entering and I hereby assume all of the risks of participating in this event: falls, contact with vehicles, other participants, spectators or other

traffic, the effects of the weather, including heat and/or humidity, cold temperature, traffic and other conditions of the course, all such risks being known and appreciated by me.

Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for the GANTEN MILANO21 Half Marathon, I, for myself and anyone entitled to act on my behalf, waive and release Laguna Running SSDrl, MG Sport srl, the GGG, Comune di Milano, Provincia di Milano, Regione Lombardia and other partners, sponsors and their representatives, successors, shareholders, directors, officers and employees of the foregoing entities, from present and future claims and liabilities of any kind, known or unknown, arising out of my participation in the event.

I understand that the GANTEN MILANO21 Half Marathon entry fee is not refundable, not even in the event of the race cancellation or postponement, or due to any reason that cannot be attributed to the organizers, including revocation by public authorities.

In registering to the event, I agree to allow my photo, video or film likeness to be used for any legitimate purpose by organizers, sponsors and assigns.

I certify that I have read the privacy document available on the official website www.followyourpassion.it and I that I have given consent to the use of personal data. Collected data will only be used for the purpose provided in the privacy document above, available on www.followyourpassion.it".

REGISTRATION AND ENTRY FEES

Online registration opens on 15 January 2019 on the official website: <http://www.followyourpassion.it/running.html>

REGISTRATION FEES	from 01/01/2019 to 31/08/2019	from 01/09/2019 to 30/09/2019	from 01/10/2019 to 31/10/2019	from 01/11/2019 to 24/11/2019
21,097 km competitive	30 €	34 €	36 €	38 €
10 km competitive	16 €	17 €	19 €	20 €

Special deals can be granted to running clubs. Please contact info@followyourpassion.it for further information.

The registration fee to the GANTEN MILANO21 Half Marathon includes: race bib, timing chip, race bag with official merchandise, sponsors merchandise, refreshment and sponging stations along the course and at the end of the race, toilets, parking, insurance, finisher's medal, finisher's certificate download, technical and medical assistance.

Online registration providing a race bib with the entrant's name **will close on Sunday, November 10 2019 at h 24,00.**

Online registration not providing a race bib with the entrant's name **will close on Thursday, November 21 2019 at h 24,00.**

On site registration will be available **on Friday November 22 and Saturday November 23, h 10:00 to 19:00, and on Sunday November 24, h 7:00 to 9:00,** at the Expo Area.

The organizing committee reserves the right to close registration before the above date. Registration on race day is not allowed.

The registration fee must be paid by credit card at online registration.

Registration Confirmation

Entrants will receive an email registration confirmation. In case entrant does not receive any confirmation email, please contact milano@tds-live.com.



Registration fee refund

Registration fee is not refundable.

RACE SCHEDULE

Race bib pick-up (at the Expo Area)

Friday, November 22 – h 10:00-19:00

Saturday, November 23 - h 10:00-19:00

Sunday, November 24 - h 7:00-9:00

The race bib will be delivered together with the race goodie bag.

The race number will be assigned based on the date of registration (first come first serve with a lower bib number).

The race bib can be picked-up by a third person, providing a written authorization and ID copy. Running clubs who make registrations through a collective form can request (at registration time) a collective race bib pick-up by a club representative; in this case race bib will not be delivered to single participants.

Race bib is strictly personal, cannot be rigged or transferred to anyone. Any participant found in the race course with a race bib assigned to another athlete or without any bib or with a forged one will be responsible for damage to himself, other people or items, and will incur in a sanction by the athletics federation officials.

START CORRALS

The **start corral** (based on best time claimed at registration) is determined by the color on the race bib as follows:

1st Corral BLUE BIB – Half marathon/10 km top runners and other athletes with the following PB:

- 10km: 39'59" and under
- 21,097 km: 1h29'59" and under

2nd Corral YELLOW BIB – Half marathon/10 km participants with the following PB:

- 10km: 40'00"-46'59"
- 21,097 km: 1h30'-1h43'59"

3rd Corral RED BIB - Half marathon/10 km participants with the following PB:

- 10km: 47'00"-56'59"
- 21,097 km: 1h44'-1h56'59"

4th Corral WHITE BIB - Half marathon/10 km participants with the following PB:

- 10km: 57'00" and over
- 21,097 km: 1h57' and over

5th Corral GREEN BIB - Half marathon/10 km non-competitive participants



Timing

All entrants will be provided with a disposable timing chip.

Refreshments and sponging stations

As per IAAF/FIDAL rules. A final refreshment is also provided at the end of the race.

Time limit

Half marathon: 2h45'

10 km: 90'

After this time the organizing committee will not be able to guarantee the course on closed roads.

Pacers

Pacers will be provided in the half marathon distance (1h30', 1h40', 1h50' and 2 h).

Results

Will be available at the end of the race on the event official website.

AWARDS

Half marathon: first 10 overall finishers - men and women (merchandise awards).

10 km: first 5 overall finishers - men and women (merchandise awards).

Age group awards (**21,097 km only**): first 3 athletes in each categorie (merchandise awards):

Women

SF35, SF40, SF45, SF50, SF55, SF60 ed SF65 and over

Men

SM35, SM40, SM45, SM50, SM55, SM60, SM65, SM70, SM75 and over

Awards can be picked-up at the office located at the Expo upon the official results and by winners only, that must provide the Fidal membership card.

Awards not picked-up at this time will not be delivered at a later time.

RUNCARD members will be included in the results but will not be granted any of the above awards.

FollowYourPassion® Trophy

A money prize will be assigned to the 3 running clubs with most finishers (a minimum of 150 finishers including all races) as follows:

1st running club: euros 1500

2nd running club: euros 1000

3rd running club: euros 500

(Please note: gross amount)

GENERAL INFORMATION

Claims

Claims must be submitted verbally to the referee, or in writing, by 30' from the results publication, together with a **€ 100,00 (one hundred) fee that will be refunded in case the claim is accepted.**

ID check

The referee can check the athlete's Fidal membership card and ID. In case the athlete is not able to provide any documents, a membership declaration form must be filled in by the athlete's running club, that can be signed by adult athletes.

Medical assistance

The organizing committee will provide a proper medical assistance service on the course and at the start and finish.

Registration transfer

Registration can be transferred to another athlete that meets registration requirements.

Registration can also be transferred from one distance to another. In case the fee is higher than the previous one paid, the imbalance must be paid at bib pick-up. In case the fee is lower, no refund will be provided.

Registration transfer must be requested by Friday, November 15, 2019 to milano@tds-live.com and entails a euros 7 (seven) fee that is due at race bib pick-up.

Privacy and image rights

According to D.Lgs. N ° 196 of 30/06/2003 (Testo Unico sulla Privacy/Privacy Law), personal data collected will only be used in the participants list, the ranking and the historical archive, to deliver the services of the event, for sending promotional or advertising material concerning the event or its partners. By registering to the GANTEN MILANO21 Half Marathon, entrants expressly authorize the organizers, as well as all legal subjects with whom the organization has professional and/or trade relations, to use free of charge pictures or videos in which they may appear. Authorization is unlimited and may be used worldwide and at any time.

Event cancellation

The registration fee will not be reimbursed in case the event is cancelled, postponed or not carried out due to force majeure or reasons not attributable to the organization, including the withdrawal of authorizations by the institutions. There will be no refund of the registration fee as well as of any other expenses incurred to the participant. This clause is accepted by the entrant in registering to the race.

Please note: the organizing committee reserves the right to change this rules at any time for reasons that will consider appropriate in order to provide a better race, upon Fidal agreement. The event will take place with any weather conditions. Please refer to 'Regolamento Tecnico Internazionale e statutario della Fidal' for further rules non included in this guide.

Milano, July 2019